

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

3

Cheese Filled Breadstick w/Sauce
Carrot Coins
Diced Pears
C=474 Cb=62 F=17

4

Foot Long Hot Dog
Pickle Spears
Mixed Fruit
C=424 Cb=54 F=15

Cinco de Mayo 5



New Item
Soft Shell Chicken Taco w/Sauce
Shredded Lettuce
Mandarin Oranges
C=316 Cb=32 F=12

6

Pancakes & Sausage Patty with Syrup
Grape Juice
Applesauce
C=559 Cb=81 F=23

7

Chicken Drumstick w/ Bread & Butter
Green Beans
Diced Peaches
C=386 Cb=28 F=22

10

Fun on the Run
Yogurt, String Cheese, Apple & ***Sugar Cookie**
C=497 Cb=83 F=10

11

Chicken Nuggets w/Roll & Butter
Steamed Corn
Tropical Fruit
C=579 Cb=73 F=23

12

National Smile Month
Red Baron Pizza
Broccoli Florets
Smiley Oranges
C=408 Cb=61 F=9

13

Macaroni & Cheese with Dinner Roll



Spinach & Lettuce Salad
Pineapple

14

French Toast w/ Sausage Links & Syrup
Peas
Mini Banana
C=784 Cb=129 F=20

17

Chicken Strips w/ BBQ Sauce
Baby Carrots
Red Grapes
C= 609 Cb=51 F=33

18

Pancake & Sausage on a Stick w/Syrup
Fruit Juice
Cinnamon Apples
C=561 Cb=106 F=10

19

Galaxy Pizza



Spinach & Lettuce Salad
Cranberry Sauce
C=701 Cb=98 F=27

20

National Smile Month
Golden Corn Dog Smiley Fries
Raisins
C=533 Cb=105 F=9

21

Nacho's w/Cheese Sauce
Black Beans
Fruit Cocktail
C=660 Cb=75 F=22

24

Mini Corn Dogs
Baked Beans
Applesauce
C=730 Cb=110 F=23

25

National HB Month
Hamburger on a Whole Wheat Bun
Pickle Spears
Mandarin Oranges
C=313 Cb=34 F=10

26

Tony's Cheese Pizza
Black Olives
Diced Pears
C=494 Cb=50 F=26

27

Waffles & Sausage Patty w/Syrup
Apple Juice
Pineapple
C=821 Cb=107 F=36

28


Chicken Dino Nuggets



Spinach Salad
Diced Peaches
C=309 Cb=33 F=13

31

NO SCHOOL
Memorial Day



1

Whole Wheat Soft Pretzel Rod with Cheese Sauce
Fresh Vegetable
Fruit Juice
C=447 Cb=72 F=13

2

Stuffed Crust Pizza
Assorted Fruit & Vegetables
C=514 Cb=64 F=20

PRODUCE OF THE MONTH:



SPINACH

SPINACH is low in Saturated Fat, and very low in Cholesterol. It is also a good source of Niacin and Zinc, and a very good source of Dietary Fiber.



Have a Fun and Active Summer!